

Polished Arrow

**JOURNEY OF HEALING
LOOKING TO THE FUTURE**

Gen 19:26 But Lot's wife looked back and turned into a pillar of salt. (The Message)

The story tells us that God planned to destroy Sodom because of the evil that its residents were doing. Abraham prayed that God would not destroy it as long as there were 10 righteous men in the city. Because of those prayers and pleadings, God sent angels to remove Lot and his family from Sodom before the destruction. They were warned to flee, not to look back at Sodom and not to stop. But Lot's wife looked back. The story doesn't tell us why. Perhaps she was looking back mourning what she lost. Perhaps she wanted to see the destruction of the evil-doers. Perhaps there was a little holier-than-thou attitude in her. Or perhaps there was an entirely different reason. At any rate, the fact that she looked back not only took her life, but initiated sin in her family that rivaled that of Sodom. Death is in the past. Sin is in the past. We must set it aside and keep our eyes looking forward to the things God has for us. We must follow Jesus to the future with no regrets, anger, mourning, fear or grief over the past. We must do this for ourselves as well as for our family and our children. God has a wonderful future in store for us but we can't move into it if our eyes are on the past. Let's begin our journey of healing now with eyes firmly fixed forward on Jesus! He has more power to heal and help us than the enemy has to destroy us! Aho!

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God is able to do immeasurably more than all we could ever ask or imagine! (from Eph 3:20)

Bringing truth to light through intercession, networking, equipping, and enabling.

Visit Polished Arrow Journey of Healing on Facebook for the Polished Arrow Newsletter and Bible stories of healing.

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Suggested worship:

<https://www.youtube.com/watch?v=jbqPQkH5HYA> (Our God is Greater)

<https://www.youtube.com/watch?v=R0gu0nOaFsl> (Whom Shall I Fear)

Questions for further thought and discussion:

1. What does this story tell you about God?
2. How does this story apply to your life?
3. How important is this story for the future of the children in your community and your family?
4. How important is this story to your future?
5. What can you do now to leave the past behind and focus on the future?

Story Location:

Gen 13; Gen 18:20-33; Gen 19:

Additional Scripture References:

Psalm 121; Ex 14:13-31; Nu 6:22-27

Prayer:

Father, show me the areas in my life where I have looked back with regret or mourning and help me instead fix my eyes on you and the hope and destiny you have for me.

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